

ST. MARY OF THE VISITATION PARISH

16 Cooper Street,
Cambridge (Hespeler), Ontario N3C 2N2

Tel: 519-658-4443

Email: stmarycambridge@hamiltondiocese.com

www.stmaryhespeler.ca

Rev. Ed Henhoeffler, Pastor

Rev. Mr. Michael Foulger, Permanent Deacon

Mrs. Catherine Quinto Garcia, Pastoral Minister

Mrs. Rosanne Nusca, Administrative Assistant

SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.

Sunday 9:00 a.m. and 11:00 a.m.

*Children's Liturgy runs during the 11:00 a.m.
Mass for children in Kindergarten to Grade 2*

WEEKDAY MASSES

Tuesday 7:00 p.m.

Wednesday 8:00 a.m.

Thursday 8:00 a.m.

Friday 8:00 a.m.

PRAYING THE ROSARY

Tuesday at 6:30 p.m. and

7:30 a.m. on Wednesday, Thursday and Friday.

All are welcome.

PARISH ADORATION CHAPEL

Our Chapel is available seven days a week starting Sunday at 12 noon through Saturday at 5:00 p.m.

For more information please call Sheila at 519-658-9414.

OUR PARISH SCHOOLS

Our Lady of Fatima School 519-658-4041

St. Elizabeth School 519-651-0400

St Gabriel School 519-658-2008

St. Benedict Secondary School 519-621-4050

PARISH OFFICE HOURS

(Located in the lower level of the church)

Monday to Friday: 9:00 a.m. to 4:30 p.m.

NEW PARISHIONERS

Please register through our parish website or by completing a form located at the parish entrances.

SACRAMENT OF RECONCILIATION

Saturday 4:00 p.m. to 4:45 p.m. or
by appointment.

SACRAMENT OF BAPTISM

Please contact the parish office to begin the process of preparing your child and family for this Sacrament.

SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date of marriage in order to begin preparations.

PASTORAL CARE TO SICK AND HOMEBOUND

Please contact the office and Father Ed and Deacon Michael would be most willing to visit.

ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.



FIFTH SUNDAY IN ORDINARY TIME

Date	Time	Mass Intentions	Requested by
Tuesday, February 6	7:00 p.m.	+ Rosemary Hanley Intentions of Estella Diaz Irías Intentions Cedric Diaz Irías Intentions of Jose Maria Irías Girón	Catholic Women's League Estella Rosa Irías Girón
Wednesday, February 7	8:00 a.m.	+ Phyliss Blake	Hannah Nash
Thursday, February 8	8:00 a.m.	+ Dennis Doye	Ellen Doye
Friday, February 9	8:00 a.m.	+ Boyd and Ron Esty	Larry and Joanne Burns
Saturday, February 10	8:30 a.m.	Deceased Members of the Nguyen Family	The Nguyen Family
	5:00 p.m.	+ Edward and Mary Morrissey & Family + Carlos Mario Aviles + Paul Scapinello + John Dominas	Gerard Schmidt Erika Gamero His Mother and Family Jocelyn Dominas



Lent begins on February 14 with **Ash Wednesday**. Mass with the distribution of ashes will be celebrated at 8:00 a.m. and 7:00 p.m. Our parish schools will have a liturgy of the Word with the distribution of ashes as well.

We will pray the **Stations of the Cross** every Friday at 7:00 p.m., followed by a 1/2 hour of adoration concluding with benediction.

Lenten devotion booklets are available for purchase at the main entrance of the Church. Booklets are \$2.

CHAPEL OF ADORATION – THE VALUE OF A SACRIFICE

It was in the middle of the night when Jesus called upon His apostles: “*Stay here and keep watch with Me*” Mt. 26:26-38

This call to spend time in prayer and vigil with the Lord is as relevant today as it was then. The stillness of the night offers a unique opportunity to connect with God, free from the distractions of the day. Is there a relative, friend or loved one, who may be in need of your prayers? Let us lift our hearts and intentions to the Lord, seeking His guidance and grace. Please consider answering His plea. There are several hours available for you to spend time in silent adoration. For more information please call, Frank or Sheila Mauser (519) 658-9414

THE CHOSEN: You are invited to join us for morning Mass followed by Season 1 of 'The Chosen' next **Saturday, February 10**. Mass will be celebrated at 8:30 a.m. and then we will gather in the parish center to watch an episode followed by discussion and fellowship. This is an 8-week session ending on March 23rd. *A great way to prepare for Easter.* All are welcome.



CATHOLIC WOMEN'S LEAGUE: All ladies in the Parish are invited to come and bring a friend to our next CWL evening on **Tuesday, February 6th**. Rosary at 6:30pm, Mass at 7pm, Guest Speaker at 7:30pm. *Donna McKay*, our guest speaker, will join us and speak to us about Human Trafficking and its effect on our society. Please join us for this very informative evening.



COFFEE SUNDAY: Join us next Saturday and Sunday, **February 10 & 11**, following ALL Masses.

PARISH OFFERINGS

January 27/28, 2024

Sunday Envelopes (135): \$3,537.00
Loose Offerings \$600.70

Your continued financial support is greatly appreciated.

SEMINARY OFFERING – FEBRUARY 4, 2024

This special collection supports the educational needs of seminarians within the Hamilton Diocese. Your support is greatly appreciated.

TAX RECEIPTS: Annual tax receipts for the 2023 year are available for pick-up this weekend and next. Envelopes that are not picked up will be mailed by February 16, 2024.



MONTHLY COLLECTION: Funds received for our St. Vincent de Paul collection this past weekend totaled \$988.15. Thank you for your continued generosity!

Tax receipts for donations made to the St. Vincent de Paul Society in 2023 are available for pick-up.



MEETING NOTICE: Msgr. Paul J Meyer Council 4916 monthly meeting is **Thursday, February 8th** at 7:00 p.m. at St. Clement

Parish Hall. Enter via the Westminster Drive entrance. Please join us!

NATIONAL CATHOLIC HEALTH CARE WEEK IN CANADA is celebrated **February 4-10, 2024**. The St. Joseph's Health System in the Diocese of Hamilton is one of the largest Catholic health systems in the country. The system, which cares for thousands every day, is the legacy of the determination and hard work of the Sisters of Saint Joseph of Hamilton. Their compassion and dedication live on in the thousands who serve in the SJHS every day. Learn more at www.chac.ca

MARDI GRAS MOMS' NIGHT OUT AT ST.

CLEMENT'S PARISH: Calling all moms of young families! Do you need a fun night out before the penitential season of Lent kicks in? Come to St. Clement Church on **February 13 at 7:00 p.m.** to meet amazing Catholic moms where you'll laugh, eat some sweets, and casually gander at the different stations set up to give you ideas on how you and your family can observe Lent. There will be 30 take-home Lent kits available on a first come, first serve basis and a digital guide will be sent out as well. Please email Andrea Szrejber, Family and Children's Ministry Coordinator, andreaszrejber@gmail.com with any questions.

MINI RETREAT: All ladies are welcome to attend a special Retreat Presentation at **St. Patrick's parish** hall on **Tuesday, February 13th** at 7pm. We invite you to a presentation by *Mrs. Teresa Hartnett*, Director of the Diocesan Family Ministry Office, which will help you to learn to F.L.Y. – Love Yourself First! When we love ourselves, we are happier, healthier and stronger, which makes us a better person for all the other special loves in our lives!

LOST AND FOUND: There are many items to be claimed! Mitts, gloves, glasses, etc. Please see the table in the hallway to the parking lot.

FORMED: TOP PICKS THIS WEEK INCLUDE

The Feast of St. John Bosco - St. John Bosco was a nineteenth-century Italian priest known for seeking out the homeless youth of Turin to help them have a better life. He overcame incredible challenges, but nothing could stop Don Bosco from his path to holiness. Watch this moving film to celebrate this Saint, Father, Teacher, Friend. His feast day is celebrated on January 31st. *New to FORMED?* Registration is FREE for parishioners. Go to signup.formed.org and type **St Mary of the Visitation Cambridge** to find and select our Parish. Provide your name and your email address and click "Sign Up". Enjoy!

FAMILY DROP-IN HOUR: THE CATHOLIC PARENT STUDY GROUP

Are you craving a community to navigate and share the joys and challenges of being a Catholic parent in today's world? Join other local moms and dads at St. Clement Church in Cambridge for an informal study group **Fridays from 11am - Noon during Lent** (Feb 16 - Mar 22). We will watch and discuss *'The Catholic Parent'* from Formed.org. Bring the kids along! A colouring station and toys will be provided. Please contact Andrea Szrejber, Family and Children's Ministry Coordinator, andreaszrejber@gmail.com with any questions.

THE ECUMENICAL WEEK OF GUIDED PRAYER AND SPIRITUAL EXPLORATION

will be held online from **February 18 to 24**. The Week of Guided Prayer and Spiritual Exploration is an opportunity to enrich your spiritual life and deepen your relationship with God. We hope you can join us. Information and registration online at www.guidedprayer.ca until **Feb. 11**.

LECTURES IN CATHOLIC EXPERIENCE

at St. Jerome's University presents Dr. Jonathan Malesic, author of *"The End of Burnout: Why Work Drains Us and How to Build Better Lives"*. He proposes that we should ground our working lives in human dignity, compassion for workers, and a greater emphasis on leisure as a site of meaningful activity. He will show how these ideals are manifested in the communities of Benedictine monks and religious sisters.

February 29th at 7:30 p.m., Notre Dame Chapel

ALPHA 2024: Join us Thursday evenings,

February 22 to May 2 at St. Mark's Parish Hall, 55 Driftwood Drive, Kitchener. Alpha is an 11-week program that brings adults together for conversations about life, faith and Jesus. Plan to join us – all are welcome! To learn more, contact Denise Case at stmarkalpha@gmail.com

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or
PGK Dan Schmalz
519-239-5003



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